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is a monthly newsletter on Statistical Operations, Civil Registration, and the National Identification System prepared by the Philippine Statistics Authority - Kalinga Provincial Statistical Office



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PSA Kalinga Brings National ID Registration Closer to Vulnerable Sectors in Tabuk City



Registration Officer II Santiago B. Lucob assisted clients with National ID System house-to-house registration within Tabuk City on July 23, 2025.

In line to its commitment to provide accessible and inclusive public service, the Philippine Statistics Authority (PSA) Kalinga Provincial Statistical Office carried out a house-to-house registration for the National Identification System targeting Persons With Disabilities (PWDs), bedridden individuals, and senior citizens in Tabuk City.

The activity was spearheaded by Registration Officer II (ROII) Santiago B. Lucob and Information Systems Analyst I (ISAI) Ian Decart N. Guidangen, who personally visited the homes of qualified individuals to facilitate their National ID registration. This initiative aims to ensure that members of the community with limited mobility are not left behind in availing themselves of the benefits of National ID.

The National ID System, serves as the government's central identification platform, designed to simplify transactions, improve service delivery, and promote financial inclusion. However, some citizens—particularly PWDs, the elderly, and those confined to their homes—face challenges in physically accessing registration centers.

Through this house-to-house registration, PSA Kalinga addresses these barriers by literally bringing the service to the doorsteps of those who need it most. This approach not only saves registrants time and effort but also reflects PSA's compassion and proactive stance in reaching out to underserved sectors.

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“This is more than just registration; it is a step toward ensuring that every Filipino, regardless of physical condition or circumstance, is part of our national database and can benefit from the services linked to PhilSys,” said the PSA Kalinga Registration Team.

PSA Kalinga encourages families and barangay officials to coordinate with the office for similar requests, ensuring that more vulnerable individuals are covered. With continuous outreach and inclusive programs, PSA reinforces its mission of building a comprehensive, secure, and universally accessible identification system for all.

Healthy Plates, Healthy PSA: PSO Kalinga Marks Nutrition Month 2025

In support of the nationwide celebration of 2025 Nutrition Month, the Philippine Statistics Authority (PSA) Kalinga Provincial Statistical Office hosted a simple salo-salo at its office on July 14, 2025. This year’s theme, “Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!”, emphasizes the importance of unity in ensuring proper nutrition for every Filipino.

The activity sought to promote healthy eating habits, highlight the role of nutrition in overall well-being, and contribute to the advocacy for a well-nourished nation under the Philippine Plan of Action for Nutrition (PPAN). Employees shared healthy and nutritious dishes, fostering camaraderie while reinforcing the importance of making balanced food choices.

Beyond the celebration, the initiative also served as a workplace wellness activity—encouraging PSA Kalinga personnel to maintain a balanced lifestyle, prioritize their health, and serve as role models in promoting nutrition advocacy within the community.

Through this simple yet meaningful gathering, PSA Kalinga reaffirms its support for the government’s nutrition programs and its commitment to creating a healthier, more productive workforce that can better serve the public.



Weaving Pride: PSA Kalinga Marks Cordillera Month 2025 in Traditional Attire

In celebration of Cordillera Month 2025, the Philippine Statistics Authority (PSA) – Kalinga Provincial Statistical Office proudly joined the regional commemoration by wearing traditional Cordilleran attire and accented Barong Tagalog or Filipiniana. This gesture serves as a tribute to the region’s vibrant culture, enduring heritage, and unique identity.

Observed every July, Cordillera Month marks the establishment of the Cordillera Administrative Region (CAR) through Executive Order No. 220, signed on July 15, 1987. The celebration not only honors the historical milestone of the region’s creation but also underscores the resilience, unity, and collective aspirations of the Cordilleran people in safeguarding their indigenous roots and traditions.

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By donning traditional wear, PSA Kalinga personnel expressed their solidarity in preserving and promoting Cordilleran heritage, while also fostering awareness of the importance of cultural identity in shaping the region's future. This annual commemoration serves as a reminder of the deep connections between history, culture, and the continuing journey toward regional development.



PSA Kalinga staff celebrated the 2025 Cordillera Month on July 14, 2025

Kalinga's Population Reaches 235,391 in July 1, 2024

The Philippine Statistics Authority (PSA) officially announced that the population of Kalinga has reached 235,391 as of July 1, 2024, based on the results of the 2024 Census of Population (POPCEN). The count was declared official through Proclamation No. 973, signed on July 11, 2025.

The latest figure reflects an increase of 5,821 persons from the 2020 Census of Population and Housing (CPH) count of 229,570, and 22,711 persons more than the 2015 population of 212,680. This translates to an annual population growth rate (PGR) of 0.60 percent from 2020 to 2024—slower than the 1.62 percent recorded between 2015 and 2020.

Among the eight (8) city/municipalities in Kalinga, the City of Tabuk remained the most populous with 122,771 residents, accounting for 52.16 percent of the province's total population. It was followed by Pinukpuk with 35,033 residents and Rizal with 20,491. Lubuagan registered the smallest population at 8,660.

From 2020 to 2024, Tanudan posted the fastest PGR at 5.89 percent, recovering from a decline recorded in the previous census period. This was followed by Rizal (1.13 percent), Pinukpuk (0.53 percent), and Tabuk City (0.34 percent). In contrast, Lubuagan recorded the lowest PGR at -1.75 percent, with its population decreasing by 663 persons from 2020 to 2024.

At the barangay level, Bulanao in Tabuk City remained the most populous with 21,219 residents, followed by Bulanao Norte (6,168), Agbannawag (6,047), Magsaysay (5,036), and Dagupan Weste (4,933). Notably, all of the top 10 most populous barangays in Kalinga are located in Tabuk City.

On the other end of the scale, Barangay Old Tinglayan in the municipality of Tinglayan had the smallest population with 287 residents, followed by Anggacan Sur (309), Ngibat (326), Anggacan (335), and Lower Mangali (354).

The 2024 POPCEN was conducted pursuant to the Philippine Statistical Act of 2013 (Republic Act No. 10625), Executive Order No. 352, and Batas Pambansa Blg. 72. PSA emphasized that census results provide vital data for planning, policy-making, and decision-making for both government and private sectors, particularly in areas such as resource allocation, infrastructure development, and social services delivery.



